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**WOMEN'S RECOVERY HOME AND INTENSIVE  
OUTPATIENT SERVICES  
CHICAGO, IL  
TI 12653**

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## PROJECT DESCRIPTION

**Cluster Group Affiliation**—TCE HIV

**Congressional District Served**—Illinois, 7<sup>th</sup>

**Purpose, Goals and Objectives**—The Project seeks to 1) expand the level of culturally competent recovery home services available to chemically dependent African American female residents of Chicago's Westside community who are either HIV positive or at high risk of HIV infection, 2) expand the level of culturally competent services available to the African American clientele, and 3) provide case management services to the clients served. To accomplish these goals, the Project will 1) expand the static capacity in the McDermott Center's recovery home by 10 and the dynamic capacity by 24, provide 3,285 additional recovery home nights of care annually, maintain at least 85% average daily capacity, expand the static and dynamic capacities of the McDermott Center's intensive outpatient (IOP) services by 36 and 180 respectively, provide 6,600 additional IOP treatment hours annually, maintain at least 85% average daily capacity in the expanded IOP services component, annually provide case management services to 180 clients enrolled in the Center's expanded TCE-HIV services, annually provide 2,000 case management service hours to the Center's clients, and conduct at least 60 follow up interviews of year one clients and 120 follow up interviews of year 2 and year three clients respectively.

**Target Population/Geographic Service Area**—The McDermott Center provides services at five locations throughout metropolitan Chicago and one location in the western suburbs with the main facility located in Chicago's Near West Side community. The target population will consist of African American women who reside primarily on Chicago's west side and who are at risk for or who have contracted HIV/AIDS. Expanded services will be directed at two audiences: 1) affected women residing in McDermott's recovery home, and 2) women who have completed treatment but have returned to their home environment.

**Theoretical Model**—The McDermott Center's treatment philosophy rests on the belief that alcoholism and other drug addictions are complex diseases that require psychosocial, medical, spiritual and community support along with treatment. In addition to comprehensive treatment services, the Center's women's recovery home seeks to provide community support for the client by empowering the client to develop a support network outside the treatment setting that will facilitate her transition back into the community.

**Service Providers**—Services for the target population will be provided by the McDermott Center Home Recovery program. McDermott provides a wide-range of substance abuse treatment services in its various location that include chemical dependency education, relapse prevention, primary medical services, HIV education and prevention, employment assessment, basic skills and placement services, individual and group counseling, stress management, family health counseling, reproductive health and sexuality education, life skills training, GED preparation, and other services.

**Services Provided**—Components of the IOP services to be provided will include intake and initial assessment, individual counseling, group counseling, recreational therapy and socialization skills building, HIV counseling and testing services, family-centered programming, health education, parenting classes, family night support group, tobacco smoking cessation classes, and intensive case management that includes client advocacy.

**Number of Persons Served**—Three full-time substance abuse counselors will be assigned to the expanded IOP. Each will have a static or active caseload of 12 clients with the capacity to serve 180 clients annually.

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Ten slots will be designated for the recovery home expansion clients.

**Desired Project Outputs**—The expansion for intensive IOP treatment services available to African American adult females who reside primarily in Chicago’s west side communities.

**Consumer Involvement**—Not specifically stated.

## **EVALUATION**

**Strategy and Design**—Process and outcome assessments will be conducted to determine the extent to which the proposed expansion of services provided by McDermott is responsive to CSAT goal of improving the health of substance abusers through linkages among primary health care, HIV/AIDS, mental health and substance abuse services. The outcome evaluation focuses on the effectiveness of the program strategies for improving clients’ health, promoting healthy life-styles, and reducing high-risk HIV/AIDS behaviors.

**Evaluation Goals/Desired Results**—No specific evaluation goals are stated. However, the implied evaluation goals are to assess the extent to which the program was implemented as planned (process) and to measure the extent to which clients changed their high risk behaviors and improved their health as a result of being in the program.

**Evaluation Questions and Variables**—Five process evaluation questions are posed: 1) Is the Project implemented as intended? 2) Are the project’s treatment services and activities delivered as designed, especially in regards to resource utilization? 3) What factors or influences served to facilitate or impede project implementation activities? 4) What are the costs per service unit, and rates of client retention and completion for the Project? and 5) What changes to the Project’s operational functioning can be made on the basis of process evaluation findings? The five outcome assessment questions were 1) What are the characteristics of the African American female clients who are referred and admitted to treatment through the Project? 2) To what extent did the Project achieve its capacity expansion quantitative objectives? 3) What behavior and functional changes are evident among African American female clients who received treatment? 4) What are the stakeholder group’s perceptions of the McDermott Center TCE/HIV Project administered by DHS/OASA? and 5) What changes to the Project’s operation can be made on the basis of outcome evaluation findings?

**Instruments and Data Management**—The data gathering instruments will include the GPRA, Client Service Summary, and Client Discharge Status Report.

## **APPROVED FUNDING LEVEL**

01: \$445,960

02:

03:

**Funding Start Date** 9/00

**Funding End Date** 9/03